



# Me and my broken heart

Music: Rixton, "Me and my broken heart" (Single)  
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 (20. Weser-Ems & Friends, 02.11.2014, Cloppenburg)

Sequence: **A B A\* B A\*\* C End**  
 wait 16 beats

**Easy-Int**  
**92 bpm**  
**3:13**

## **A** (20)

**Slur Vine** DS SLUR S(xib) DS DS(xif) DS SLUR S(xib) DS RS  
 L R R L R L R R L RL  
 &1 & 2 &3 &4 &5 & 6 &7 &8

**Samantha Pull** DS DS(xif) DR S(ib) DR S(ib) R H(w/ots) S(ib) DS RS  
 R L L R R L R L R L RL  
 &1 &2 & 3 & 4 & 5 6 &7 &8

**3 Toe Heel** T H **move to the right**  
**R/L/R** R R  
 & 1

**Rock Step** RS  
 LR  
 &1

## **B** (48)

**Slur Brush** DS SLR S(xib) DS BR UP/H **turn 1/2 left on beat &4**  
 L R R L R R L  
 &1 & 2 &3 & 4

**Slur Basic** DS SLR S(xib) DS RS  
 R L L R LR  
 &1 & 2 &3 &4

**Travelling Shoes** DS H(w) S H(w) S H(w) S **turn 1/4 L on beat 1,**  
 L R L R L R L **move R on beat 2-4**  
 &1 & 2 & 3 & 4

**Fancy Double** DS DS RS RS **turn 1/4 left to the front**  
 R L RL RL  
 &1 &2 &3 &4

**repeat all above opposite footwork & direction**

**2 Jack & Jill** DS DS DS DS DR S DR S DR S DR S **move fwd on beat 1-4,**  
 L R L R R L L R R L L R **move bw on beat 5-8**  
 &1 &2 &3 &4 & 5 & 6 & 7 & 8

## **A\*** (36)

**Slur Vine** DS SLUR S(xib) DS DS(xif) DS SLUR S(xib) DS RS  
 L R R L R L R R L RL  
 &1 & 2 &3 &4 &5 & 6 &7 &8

**Samantha Pull** DS DS(xif) DR S(ib) DR S(ib) R H(w/ots) S(ib) DS RS  
 R L L R R L R L R L RL  
 &1 &2 & 3 & 4 & 5 6 &7 &8

**repeat Slur Vine & Samantha Pull opposite footwork & direction**

**4 Toe Heel** T H  
**L/R/L/R** L L  
 & 1

Sequence: **A B A\* B A\*\* C End**

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**A\*\*** (32)

Dance Part A\*, but omit 4 Toe Heels

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**C** (40)

|                    |                                             |
|--------------------|---------------------------------------------|
| <b>2</b> Dave Vine | DS DS H(w) H(w) BA BA H(w) H(w) BA BA DS RS |
| L/R                | L R L R L R L R L R L RL                    |
|                    | &1 &2 & 3 & 4 & 5 & 6 &7 &8                 |

|           |                                                |
|-----------|------------------------------------------------|
| Roll Vine | S(ots) S(turn 1/2L, ots) S(turn 1/2L, ots) TCH |
|           | L R L R L R                                    |
|           | 1 2 3 4                                        |

|                       |             |
|-----------------------|-------------|
| <b>2</b> Step Touches | S (ots) TCH |
| R/L                   | R L         |
|                       | 1 2         |

|           |                                                |
|-----------|------------------------------------------------|
| Roll Vine | S(ots) S(turn 1/2R, ots) S(turn 1/2R, ots) TCH |
|           | R L R L                                        |
|           | 1 2 3 4                                        |

|                       |             |
|-----------------------|-------------|
| <b>2</b> Step Touches | S (ots) TCH |
| L/R                   | L R         |
|                       | 1 2         |

Arms

|             |                                     |
|-------------|-------------------------------------|
| Beat 1 -2:  | point both thumbs to left shoulder  |
| Beat 3 - 4: | point both thumbs to right shoulder |
| Beat 5:     | cross right hand on your heart      |
| Beat 6:     | cross left hand on your heart       |
| Beat 7 - 8: | hands like heart beating            |

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**Ending** (32)

Dance Part A\*\* and add Step L & both hands on heart